



Dear parents and carers,

Can you please that Christmas is approaching? This first time has gone so quickly and we know that everyone will be looking forward to a break.

We want to thank you for your continued support of the school and of your child's right to a full-time and high quality education. Thank you to all of our school staff who work tirelessly to ensure that your children make accelerated progress, feel safe and grow as people.

We wish you all the happiest of Christmases and want to remind you that we are here if you need us.



There are a number of events coming up—it's always busy at Christmas!

Here are some key ones:

**18th December: Christmas Jumper Day**

**19th December: Reindeer Run**

**20th December: Church Service, half day & last day of school**

Please make sure you are aware of any timings or additional information for these by looking at your other letters.



### Reindeer Run

Your child has brought home a Reindeer Run sponsorship form to support local Phyllis Tuckwell hospices.



Your child will be running like a reindeer around our school grounds on Thursday 19th December.

On this day, please send your child in wearing **mufti that they can run in**.

We are supporting this fantastic cause after our school community has experienced bereavements.

If you need help with any bereavements, please access support from places like: <https://www.cruse.org.uk/>

### Christmas Jumper Day

On Wednesday 18th December, it is Christmas Jumper Day!

On this day, your child is encouraged to come to school in a Christmas jumper, with their normal school trousers or skirt.

They can wear a Christmas accessory too!

Your child can also have a Christmas lunch on this day. You **do not** need to pre-order. Children will order on the morning as normal.

If your child has a special diet, they will be given a safe Christmas dinner.

There won't be another food option for the children on that day.

We can't wait to see you sparkle and shine!



## HAF programme

Connect4Communities runs a number of holiday clubs which can alleviate pressure for working parents during holidays. Please follow the QR code or search for Connect4Communities to find more information.

Please be aware that, whilst some clubs have costs associated, many will provide subsidised places depending on your personal circumstances.



**Holiday Activities  
and Food**

Christmas can be a difficult time for families for lots of different reasons. Please let us know if there is anything that we can do to make your holiday together easier.

Organisation Name	Venue
CM Sports UK	Wavell School, Lynchford Rd, Farnborough, GU14 6BH
CM Sports UK	St Bernadette's School, Tile Barn Close, Cove, Farnborough, GU14 8LS
CM Sports UK	Guillemont Junior School, Sandy Lane, Farnborough, GU14 9ES
KOOSA Kids	Alderwood Infant School, Belle Vue Road, Aldershot, Hampshire, GU12 4RZ
Magna Groups Enterprises	The Cambridge Primary School, Queens Avenue, Wellesley, Aldershot, GU11 4AA
OurParks	Grange Community Junior School, Wren Way, Farnborough, Hampshire, GU14 8TA
Premier Education	Samuel Cody Specialist Sports College, Ballantyne Road, Farnborough, GU14 8SN
Soccer Coaching Ltd	South Farnborough Infant School, Queens Road, Farnborough, GU14 6JU

# Hampshire Parent Workshops

Free for families of autistic children and young people  
Dates available for 2024/25



Family Information Workshops exploring a child's unique experiences and practical support



Open to family members and others closely associated with the care and support of the child



Delivered over six sessions  
Online via Microsoft Teams



Funded by Hampshire Child and Adolescent Mental Health Services and Hampshire County Council



[autismhampshire.org.uk/how-we-can-help/training-consultancy/](https://autismhampshire.org.uk/how-we-can-help/training-consultancy/)



**Autism  
Hampshire**  
part of Avenues Group



## Key Dates

### December:

W/C 2nd: SATs practice Year 6

W/C 9th: NSPCC workshops year 5 & 6

Thursday 12th: We Are Guardians mobile dome Year 6

Friday 13th: Talavera Treat—selected children

Wednesday 18th: Christmas Jumper Day & Christmas lunch

Thursday 19th: Santa Run in school

Friday 20th: Church service

Friday 20th: Half day for last day of term

**Saturday 21st December-Sunday 5th January: Christmas holidays**

### January

Monday 6th: INSET day

Tuesday 7th: Children's first day back in school

2024  
CALENDAR



**Healthier Together**  
Hampshire and Isle of Wight

Not sure how to treat coughs, colds, scrapes and sniffles?

Download the Healthier Together app or visit:  
**what0-18.nhs.uk**

Healthier Together provides advice for parents on every common injury and illness your child or teenager might experience, including mental health problems. If you're not sure what the best way to treat something is, or whether it's time to seek help, Healthier Together has the answer.

**NHS**  
Hampshire and Isle of Wight

## Think Pharmacy First!

Did you know that you can take your child to your local pharmacy and get treatment for five medical conditions? These are:

- Ear ache (children aged 1-17)
- Sore throat (over 5s)
- Infected insect bites (over 1s)
- Impetigo (over 1s)
- Sinusitis (aged 12 and over)

If your child is poorly with any of the above conditions, by going straight to your local pharmacy you can have a consultation with a trained pharmacist and receive advice and even medication (if appropriate) ..... and your child can get back to school sooner.

Visit our Pharmacy First website to find out more.



# Christmas Toy Drive

Donate new & unwrapped toys  
for children this Christmas

Deadline: 1st December

## Talavera Juniors

Gun Hill, Aldershot,  
GU11 1RG

For More Information:

07804880072 or [michaela@spotlightuk.org](mailto:michaela@spotlightuk.org)

[www.spotlightuk.org](http://www.spotlightuk.org)

Charity No. 1129258





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supported by

THE ARMED FORCES  
COVENANT FUND TRUST

# Anxiety Unravelled

Supporting military parents and children

## A three-session online course

The world around us can generate plenty of uncertainty and affect the way we go about our daily lives, even more so for military families.

As the summer approaches and you begin to prepare for a move or watch those you have connected with post out, it can feel hard. You may be feeling more worried than usual or perhaps you are stuck in a growing cycle of worry and concern. **You are not on your own!**

The skills you will learn in Anxiety Unravelled will help you deal with your own anxiety and help you to help your children manage theirs.



"Learning about the strategies to help us deal with anxiety was particularly useful and I am using these to help manage my own anxiety as well as my son's."

Join Bounce Forward for a series of three 60-minute sessions to explore anxiety. The sessions will provide a space to think about your own responses and provide practical tips and advice that you can use to help your children develop their mental resilience.

Register your **FREE** place, course  
starting on January 14th