

Dear parents and carers,

It may seem silly to ask if you were able to have a relaxing break at a time when everyone is their most excited! However, we do hope that you have found the Christmas holiday to be restorative.

We often find that the Spring term is when children really begin to flourish, working harder than ever to reach their full potential and to make themselves proud. We ask for your support in this, completing homework with children and reading regularly.

Many thanks for your continued support!

Enterprise Day

A huge congratulations to our entrepreneurial year 6s who raised a fantastic £205.21 from their Enterprise Day! The children needed to choose something to sell, thinking about the market they were selling into. They then needed to prepare, order and sell sell!

Well done, year 6—watch this space for another Enterprise Day coming up this year.

Reindeer Run and Christmas Disco

Thank you, as ever, for your generous support that has allowed us to raise money for both Phyllis Tuckwell and for our Pangolins in their alternative provision. As you know, we strongly believe that every child deserves a fantastic education and this will help us to provide that. In addition, many members of our school community have been supported directly by Phyllis Tuckwell and it is therefore a cause close to our hearts.

Attendance

Please be reminded that we believe that Every Learning Minute Counts. We work at a fast pace as a school and, as a result, your children make great progress and achieve strong outcomes.

However, we have seen an increase in the number of people taking days off from school, either for extended holidays or for occasional events.

These **significantly** impact your child's education.

Please be advised that parents/ carers may be fined or subject to a Legal Intervention Team if attendance becomes a particular concern

Channel 4 Swiped

We know that devices— iPads, game consoles and phones—are often gifted at Christmas.



Whilst we would always recommend that parents ensure there are adequate controls on devices, we urge you to watch the Channel 4 programme **Swiped**.

This is a great look at the impact of screentime and the dangers of devices even if you think that you have put all the protective measures in place that you can.

It is not to attempt to scare you into never letting your child online but a way of exploring safe internet use **alongside** your child.

If you feel you would like any help from the school regarding online safety, please do not hesitate to contact us.



If you feel that you would benefit from a course such as this, please take a look.

If you would like to discuss your child's needs, please contact our SENDCo, Mrs Litwin, via the school office.

We are always here to help you in ensuring the best for your child and your family.



others closely associated with the care and support of the child



Delivered over six sessions Online via Microsoft Teams



Funded by Hampshire Child and Adolescent Mental Health Services and Hampshire County Council

autismhampshire.org.uk/how-we-can-help/ training-consultancy/





Hampshire and Isle of Wight

Think Pharmacy First!



Did you know that you can take your child to your local pharmacy and get treatment for five medical conditions? These are:

- Ear ache (children aged 1-17)
- Sore throat (over 5s)
- Infected insect bites (over 1s)
- Impetigo (over 1s)Sinusitis (aged 12 and over)

If your child is poorly with any of the above conditions, by going straight to your local pharmacy you can have a consultation with a trained pharmacist and receive advice and even medication (if appropriate) and your child can get back to school

Visit our Pharmacy First website to find out more.



Often, children are well enough to be in school with simply small adjustments for them.

Please support their education be ensuring they are

Please support the NHS by exploring ways to support your child which avoid unnecessary GP appointments.

Key Dates

January

Monday 6th: INSET day

Tuesday 7th: Children's first day back in school

Thursday 9th: Year 4 Anglo-Saxon workshop

Thursday 9th and Friday 10th: Year 6 Aldershot Military

Museum 'trip

W/C 13th: Integrity Week

Wednesday 15th: Year 3 Natural History Museum trip

Friday 17th: Upper School Talavera's Got Talent

W/C 27th: National Storytelling Week

W/C 27th: Year 6 Practice SATs Friday 31st: Parents V Kids Rugby

February

W/C 3rd: IEP drop-ins - these will be organised directly with parents

Tuesday 4th: Talavera Treat (selected children) at Pizza Express

Thursday 6th: Year 5 Rural Life trip

W/C 10th: Safer Internet Week

Friday 14th: Last day of the half-term

Saturday 15th-Sunday 21st February: half-term

Monday 24th February: Children's first day back at school.

As always, please look at our other communications for any further information.

Pets as Therapy

We are so happy to let you know that our wonderful partnership with Sarah and Haggis is continuing into our next term.

Haggis and Sarah attended our Christmas service and have become such an important part of our life at Talavera.

Your child may be one who benefits from talking to Haggis, from stroking him or from reading to him. If they are not but you think they would benefit, please let your child's class teacher know.

Thank you to our fluffiest friend!



⁹/a Junio





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THE ARMED FORCES
COVENANT FUND TRUST

Anxiety Unravelled

Supporting military parents and children

A three-session online course

The world around us can generate plenty of uncertainty and affect the way we go about our daily lives, even more so for military families.

As the summer approaches and you begin to prepare for a move or watch those you have connected with post out, it can feel hard. You may be feeling more worried than usual or perhaps you are stuck in a growing cycle of worry and concern. You are not on your own!

The skills you will learn in Anxiety Unravelled will help you deal with your own anxiety and help you to help your children manage theirs.



"Learning about the strategies to help us deal with anxiety was particularly useful and I am using these to help manage my own anxiety as well as my son's."

Join Bounce Forward for a series of three 60-minute sessions to explore anxiety. The sessions will provide a space to think about your own responses and provide practical tips and advice that you can use to help your children develop their mental resilience.

Register your <u>FREE</u> place, course starting on January 14th