Aspiration Integrity

Resilience



Wednesday 3rd May

Good afternoon,

I hope you have managed to enjoy the bank holiday weekend and I hope you are enjoying the warmer weather. Please see the key events for May. There is lots going on so please look out for further correspondence and letters. Please just ask the office if you have any questions. I also just wanted to say a thank you, as ever, as a community you support us every step of the way and allow us to focus on providing an excellent for your children. We are very lucky.



Here are some of our key dates for April.

Additional letters for key events highlighted in yellow will also be sent to parents with more information detailing the events.

If you have any questions about any events, please talk to your child's class teacher. You can also always ask for more information from our Office team by calling us on 01252 322 156 or emailing office@talaverajunior.co.uk.

MAY 2023

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SUN	MON	TUE	WED	THU	FRI	SAT	
30 Geography week	1 Bank Holiday School closed for all pupils	2 Pangolins swimming	3 Year 5 Winchester Science Centre	4 Healthy Relationships briefing for parents 3:15-4:15	5 Coronation celebration (no	n-school uniform day)	
7 SATs week	8 Bank Holiday School closed for all pupils	9 Pangolins swimming SATs Grammar and Spelling paper	10 SATs Reading paper	11 SATs Arithmetic Maths Reasoning	12 SATs Maths Reasoning	13	
14 IEP parent drop ins	15 Year 6 Macbeth workshop	16 Pangolins swimming Year 6 Wavell transition assembly	17	18	19 Year 6 class photos Parents vs Kids Cricket	20	
21	22	23 Pangolins swimming	24 Pangolins cinema Talavera Treat	25 Extra-curricular clubs end Year 4 Survival Slea	26 British Values Day Epover at school	27	
28	29 Half term School closed for all pupils	30 Half term School closed for all pupils	31 Half term School closed for all pupils	Half term School closed for all pupils	Half term School closed for all pupils	3	

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SATs week is quickly approaching (9th-12th) May and we have a little message for our year 6 pupils: we are SO proud of you!



SATs are standardised assessment tests administered by primary schools in England to children in Year 2 and Year 6 to check their educational progress.

Our year 6 children have been working tirelessly over the past few weeks and we could not be prouder of their progress already.

Although we try to make school as calm an environment as we can, the experience of sitting formal tests is new; this can make some children feel more stressed than normal

Please have a look at some of the tips shared by NHS Mental Health Support Team in order to support your children at home if they do begin to feel stressed about the upcoming tests.

All teachers will be available if you would like to discuss the upcoming assessments with them or about any concerns you may have.





Self-Soothe Box

When we are feeling stressed it can be helpful to have your own self -soothe box, which you can fill with different things to distract you and help you to feel better in those moments. The idea with this box is to include things which soothe all five of our senses.

- 1. Get an empty box from around the house (an old shoe box works well) or you can buy one from a craft shop
- 2. Decorate the box inside and out with anything you like- make something that appeals to you!
- 3. Collect items together that are meaningful to you, or you know will help you feel better.

Remember these should be soothing for all 5 senses. Here are some ideas:



See: this could include things such as photos of loved ones, a drawing, a snow globe, or a teddy or toy you like to play with



Hear: music, songs that you know lift your mood, a reminder of people that you can call and talk to, audio book, reminders for podcasts.



Touch: bubble wrap, a teddy bear, soft woolly socks, fidget toys.



Smell: favourite perfume or body spray, candles, a nice bubble bath or a nice smelling soap.



Taste: crisps, hot chocolate, sweets, your favourite chocolate. Crunchy, chewy, salty, sweet- what's your preference?

Here are some other things that you can include, to help as a

distraction or to keep you occupied: activity books (colouring, crosswords, Word search, sudoku), art and craft materials, notebook or diary and a pen.

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A BIG **THANK YOU** TO CHENULI and Mrs Chamali who help Talavera Junior School celebrate their first ever Sri Lankan Day! Chenuli (year 5) prepared a presentation for the whole school and her delivery was FANTASTIC! Children were so excited to learn about the Sri



Lankan culture and year 5 had the opportunity to learn traditional Sri Lankan dance thanks to the support of Mrs Chamali. It was a brilliant day which we look forward to celebrating again in the future!

Multiplication

Х	1	2	3	4	5	6	7	8	9	10	11	12
1												
2												
3												
4												
5												
6												
7												
8												
9												
10												
11												
12												

The multiplication tables check (MTC) is statutory test for all year 4 pupils. This year they will be taking place on the week beginning **Monday 19th June-Friday 23rd June**.

The purpose of the MTC is to determine whether pupils can recall their times tables fluently, which is essential for future success in mathematics. It will help schools to identify pupils who have not yet mastered their times tables, so that additional support can be provided.

If your child is currently in year 4 and you would like to help them practise their times tables at home, please contact your child's class teacher for resources that could support their learning. Equally, www.timestables.co.uk has great online games for children to play which can develop their fluency.

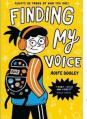
Use the empty multiplication grid to the left to help identify which facts your child may need support with. If you'd like your child to practise on a format similar to the test they will be sitting, you can use the website 'Mathsframe' and search for 'Multiplication Tables Check'. This format is similar to the computerised format they will be using in June.

It's the return of Parents vs. Kids: this time the competition will be **CRICKET**.

If you would like the chance for your child to participate in a fun filled day of cricket and then dare to challenge them to a match in the afternoon, then please look out for the letter on Arbor. This event is run on a 'first come, first serve' basis so if you are interested, please ensure that you respond as quickly as possible.



Good luck parents; you'll need it!



May book recommendation, 'Finding My Voice: A Frankie's World Graphic Novel' by Aoife Dooley.

Frankie, having just received her official Autism diagnosis that summer, is getting ready to move up to secondary school. She imagines that it'll be the fresh start she needs, given that the only two other children who know her are her friends Sam and Rebecca. In moving reflections on all that has gone before, she talks about how her brain is wired differently "I even thought I was an alien before I found out I'm Autistic. But it turns out that I'm actually just a human."

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ERATING

PEGI

What Parents & Carers Need to Know about

FIFA 23

FIFA 23, like its many predecessors, is a massively popular football simulator featuring lifelike recreations of thousands of real-world players, drawn from teams around the globe. While the gameplay is subtly improved year on year, the publisher EA Sports' tweaks tend to focus on FIFA Ultimate Team mode, which can tempt gamers of all ages to spend real money recruiting better players for their side. With each new release of FIFA comes a host of new players to unlock – meaning that youngsters can feel pressured to keep buying to compete with their friends.

WHAT ARE THE RISKS?

RELEASE RAZZAMATAZZ

FIFA 23 will be the last in the blockbuster series, before EA goes solo with its own football title next season. This 'end of an era' vibe – coupled with a huge advertising budget making the new release almost impossible to miss – will elevate FIFA 23 into even more of a 'must have' for football-mad young gamers, no matter how minor the updates are on last year's version.

AGE-INAPPROPRIATE CHAT

Based on a popular sport which appeals to people of all ages, the FIFA franchise draws a huge audience of both children and adults. Communication is a key element, with many players enjoying in-game audio chat via headsets. With the mixed age range of players and a lack of regulation, however, chats can often turn offensive or toxic – especially in the heat of competitive matches.

IN-GAME PROMOTIONS

Unless precautions are taken, dedicated FIFA fans can spend significant sums when attempting to improve their Ultimate Team. Most top-level players can be unlocked by simply participating in matches, but some sought-after stars can be obtained more quickly in limited-time promotions which cost a large amount of FIFA points (the in-game currency, often paid for with real money).

CIRCLING SCAMMERS @

The popularity of FIFA Ultimate Team (FUT) mode has led to online scammers convincing many impressionable gamers to pay real money for non-existent FUT coins and player cards, or directing unwary FIFA fans to phishing sites. If your child gives these individuals their login details, the scammers can access not only their carefully built team but potentially your payment information.

ADDICTIVE NATURE

One match on FIFA (usually around 15 minutes, but often lengthened by extra time and penalties) almost invariably leads to another. It can be a powerful temptation for young players, regardless of unfinished homework or an approaching bedtime. If the "just one more game" mindset starts to impact a child's daily routine, it could be a sign of gaming disorder a recognised mental health issue.

GAMBLING-ADJACENT BEHAVIOUR +

Ultimate Team has become a major feature in FIFA due to the revenues it generates. It can also be addictive, with children striving to earn coins and level up while swapping, selling and buying players. Spending FUT coins to open a player pack (which many experts have likened to gambling) is designed to be an exciting act – with bright lights, for fire and attaching actions as the stripers as in the stripers

Advice for Parents & Carers

BE SELECTIVE WITH CHATS

It's enormous fun for FIFA players to chat online with friends, even as their teams do battle in the game. It's probably the safest idea, though, to restrict contact with strangers. By turning off voice chat in FIFA and allowing cross-party chat in their device's settings, your child can speak to people who are already on their friends list but won't be able to talk to (or hear) strangers online.

CONTROL SPENDING

If your child plays Ultimate Team mode on FIFA, ensure their account isn't linked to your payment methods — so they'll need your permission to make in-game purchases. Alternatively, you could use parental controls to limit spending — or set up a pre-paid 'allowance'. When excitedly clicking options on screen, it's easy for a young person to forget the real-world repercussions of online purchases.

STAY ALERT FOR SCAMS

There are some key things to remember about potential FIFA scams. Firstly, EA never contacts users via any method other than emails to the account holder (which may well be you). Neither will they ever ask for a player's username or password outside the game itself. EA's terms and conditions outlaw the buying of FUT coins, so anyone selling them should be treated as suspicious.

AVOID 'EXTRA TIME'

If your child's spending a lot of time on FIFA 23 and seems less enthusiastic about other activities in their life, you could consider restricting how long they can play for each day with the parental controls in their device's settings. Even if they're not playing on their console or computer, there's a FIFA companion app for smartphones — but that can be limited through parental controls, too.