

Talavera Junior School



Aspiration

Integrity

Resilience

Monday 5th September

Dear parent/carer,

It was wonderful to welcome back you children to school today. They arrived back to school excited and eager to learn. Today they spent a lot of time learning about their class animal, getting to know each other and settling into school life.

Please make sure that you have a look at the key dates for September and if you have any questions please ask the class teacher or pop into the office.

Please remember we have an open door policy and any questions are warmly welcome.

Tomorrow you will receive a specific year group news letter which will tell you all about the learning your children will be completing this half term as well as key dates for you to be aware of. I will write to you again at the end of the week.



Yours faithfully,

Amanda Webb

Here are some of our key dates for September.

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 INSET DAY	2 INSET DAY	3
4	5 FIRST DAY BACK	6	7 SPEAK OUT, STAY SAFE ASSEMBLY YEAR 3/4	8 SPEAK OUT, STAY SAFE ASSEMBLY YEAR 5/6	9 PREFECT APPLICATIONS DUE (YEAR 6)	10
11 Integrity week	12 PREFECT INTERVIEWS	13 PREFECT INTERVIEWS	14 PREFECT INTERVIEWS	15 PARENT WORKSHOP YEAR 5/6 READING	16 Play leader APPLICATIONS DUE (YEAR 6)	17
18	19	20 Year 4 Legoland trip	21 PARENT WORKSHOP YEAR 5/6 SPELLING	22	23	24
25	26	27	28 PARENT WORKSHOP YEAR 3/4 SPELLING	29	30	

Additional letters for key events highlighted in yellow will also be sent to parents with more information detailing the events.

If you have any questions about any events, please talk to your child's class teacher.

You can also always ask for more information from our Office team by calling us on **01252 322 156** or emailing office@talaverajunior.co.uk.

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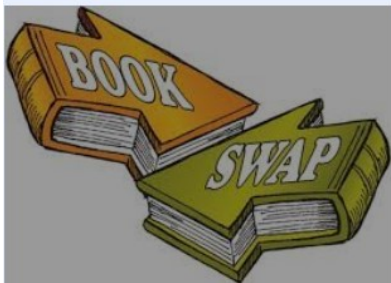
Resilience

We are very excited to embed our **new core values** this year at Talavera Junior school.

Our new school values are: **aspiration, integrity and resilience** which were introduced in Summer term last academic year.

We believed that as our school community and ethos has developed, it is these values which we want to celebrate in our children- values which we believe will help them to be successful within their schooling as well as their lives outside of school.

If your child comes home with one of these sticker, please ask them how they demonstrated that core value.



This September we are excited to re-open our '**Book Swap Shop**'. This is a free resource available to all Talavera children.

For every book you take from the swap shop, replace with an old book from home (as long as they are in good condition).

This will be available to use for children every morning before school and will be located outside the front office.



OPEN
LIBRARY

Our new Librarian Mrs Childs has generously offered to open our school library on **Tuesday morning before school** and at **lunch times on Friday**.

This is so all children have a more frequent opportunity to change their library books.



Why It's Time to Switch off Your Child's Devices Before Bed!

Your child needs enough good-quality sleep so they can play, learn and concentrate during the day. From the moment your child wakes up in the morning, they are feeding their brain information, so when it comes time to turn it off, we should do the same thing to our devices too. Numerous studies have found that using a phone or electronic devices before bed is harmful to your overall health. Using screens can affect how quickly your child falls asleep and how long your child sleeps. This happens for several reasons:

BLUE LIGHT IS HARMFUL TO YOUR EYES.

The blue light emitted by your mobile phone screen restrains the production of the hormone that controls your sleep-wake cycle. This makes it even more difficult to fall asleep and wake up the next day.

INCREASES ALERTNESS AT NIGHT.

Screen use in the hour before bed can stimulate your child keeping their mind engaged and tricking their brain into thinking it needs to stay awake. They may also be tempted to stay awake late to talk to their friends or play games.

COMPROMISES ALERTNESS THE NEXT MORNING.

Since you spent that extra time staying awake instead of sleeping, now you're going to be more tired and less alert for the next day. Aside from the fact that late-night scrolling can make you less efficient, it can also lead to a significant and chronic deficiency in sleep.

TIPS:

- **Avoid screen use in the hour before bedtime.** This includes mobile phones, tablets, computer screens and TV. Encourage reading or quiet play instead.
- Limit and monitor violent content at any time of day. This can affect sleep regardless of the time and length of use.
- Encourage your child to connect with friends during the day rather than late in the evening.

Our September Picture Book Recommended Author:

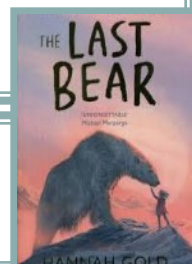
Picking up a book before bed can be a great way for your child to reduce their stress levels, develop their understanding and curiosity of the world around them and improve their quality of sleep.

This month's recommended author is **Joseph Coelho** - the winner of the **Children's Laureate Award**.

Here are a few books from his collection that we think would make a great bedtime read!



WATERSTONES
Children's Laureate
2022 - 2024



For a slightly longer read, why don't you try our **novel** of the month? **'The Last Bear'** by **Hannah Gold** was the overall winner of **The British Book Awards 2022 for Children's Fiction Book of the Year** and it really is a fantastic read!

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Talavera Smart

Please see below the reminder of school uniform expectations which was previously sent out in July. Upon your child starting, please ensure all uniform and PE kit is named to avoid lost items!

PE kit



Here is an example of our indoor PE uniform.

For outdoor PE, in cold weather, children can wear red or black jumpers. They can also wear leggings or tracksuit bottoms.

Please make sure that your child has socks and trainers as part of their outdoor PE kit too.

Talavera Smart

Please see the photo of our school uniform.

Red school jumper, branded from Edgar Jerome.

White polo shirt

Black skirt, shorts or trousers

Please note: leggings are not school uniform.



School shoes

Your child needs to wear plain, black shoes. Please see some examples below. Contact us if you're not sure.



GET INVOLVED!

PARENT GOVERNOR VACANCY



This year we have an exciting opportunity for a **parent** to join Talavera Junior School's Governing Body. If you are interested in this position or have any questions, please do not hesitate to contact Miss Wilson on the email:

leanne.wilson@talaverajunior.co.uk

Or phone the school office:

01252 322 156



What is a School Governor?

Governors can essentially be defined as **overseers** of schools. They work alongside the headteacher and senior leaders to ensure that the school is running effectively, and are accountable to parents, the local community, and the local authority for this.

Their work primarily involves **attending** governing board meetings - which usually **occur once a term** - as well as any meetings for committees within that board which they have chosen to be part of.