



TALAVERA JUNIOR SCHOOL
Gun Hill, Aldershot, Hampshire, GU11 1RG
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Collaboration Head: Mrs A Webb * Head of School: Mrs L Harman-Box

Friday 27th September

Dear parents and carers,

Important messages

- *Fantastic attendance - Well done all!*
- *Flu community clinic invitation*
- *NHS emotional health & wellbeing courses available*
- *Packed lunch reminders*
- *Change in weather - please send your child in with a coat*

Fantastic attendance - Well done all!

You will know that, at Talavera, we value attendance and know that it has a huge impact on children's outcomes. It allows children to learn, to form strong friendships and develop resilience. For that reason, we are so proud that our community has worked hard to get 98.5% attendance. Our punctuality has also improved, with children in on time to begin their learning. Thank you so much!

Flu community clinic invitation

If your child did not receive the nasal flu immunisation at the clinic we held in school on Wednesday this week, and you would like to book in for a visit to the NHS community clinic's please use the link below to complete their e-consent form;

<https://www.hampshirehealthyfamilies.org.uk/nasal-flu-vaccination-programme>

If you would like to leave any feedback for the school immunisation team you are able to do so via this QR code.



NHS emotional health & wellbeing courses available

The NHS are always looking at new ways to help and support family's emotional health and wellbeing, and as a school we believe that you and your child's wellbeing play a key part in their academic life. There are many courses available to you ranging from postnatal support through to mental wellbeing for teenagers and young adults. If you feel you, or a member of your family could benefit from this support, please follow the link below to view the range of courses available to you;

https://inourplace.co.uk/?utm_source=Solihull%20Approach%20&utm_campaign=d24c123ca2-EMAIL_CAMPAIGN_2024_07_02_09_01_COPY_01&utm_medium=email&utm_term=0_-43bd3812c0-%255bLIST_EMAIL_ID%255d

Packed lunch reminders

Packed lunches are a great alternative to school meals, as you are able to customise your child's lunch to accommodate their favourite foods! However, can we please remind all parents that **we are a strictly no nuts school including Nutella spread**, due to pupils and staff that have severe allergies. We ask that they have a healthy, varied lunch consisting of fruit, vegetables and healthy carbohydrates such as wholegrain sandwiches, pasta or rice.

Please see the link below for healthy lunch suggestions!

[NHS Healthier Families packed lunch ideas](#)

Change in weather - please send your child in with a coat

Finally, you will have all seen the numerous storms and heavy rain that we have had since the beginning of the school year, can we please ask that all children are coming into school with a weather appropriate coat. Please speak to our school office if you need any support with this matter.

Yours faithfully,
Talavera Junior School

