

TALAVERA JUNIOR SCHOOL Gun Hill, Aldershot, Hampshire, GU11 1RG Telephone No: 01252 322156 www.talaverajunior.co.uk Headteacher: Mrs A Webb

Monday 16<sup>th</sup> January Dear parents and carers,

Important messages Water bottles in school

It has been brought to our attention that many children in the school are spending large amounts of money on specific drinks and water bottles due to their branding and viral endorsements that children are seeing on social media.

Many of these drinks, including 'Prime', contain large amounts of artificial sweeteners, preservatives and flavour enhancers and do not meet the criteria of 'Healthy Schools' which we promote. For this reason, they should not be drinking these in school.

This is a gentle reminder that children should only be drinking water from their water bottles during the school day and that these water bottles must be plastic. Please do not spend a large amount of money on a water bottle for school as the school can not take responsibility if they are damaged or lost. The school will not be able to replace water bottles if this happens.

If you have any questions or concerns regarding this matter, please do not hesitate to contact the school office.

Yours faithfully,







