



	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Indoor slot	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Outdoor (Indoor Slot)	Outdoor	Outdoor (Indoor Slot)	Outdoor
Year 3	Gymnastics	Fundamental movement	Gymnastics 2	Invasion games football	Dance	Outdoor Ed	Target Games	Invasion games Netball	Net and wall Tennis	Striking and fielding Cricket	Swimming	Athletics
Year 4	Gymnastics	Fitness	Gymnastics 2	Invasion games Football	Dance	Outdoor Ed	Dance	Invasion games Netball	Target Games	Striking and fielding Cricket	Net and wall Tennis	Athletics
Year 5	Gymnastics	Fitness	Dance	Invasion games Football	Gymnastics 2	Invasion games Tag Rugby	Invasion games Basketball	Invasion games Hockey	Outdoor Ed	Striking and fielding Cricket	Net and wall Tennis	Athletics
Year 6	Gymnastics	Fitness	Dance	Invasion games Football	Gymnastics 2	Invasion games Tag Rugby	Invasion games Basketball	Invasion games Hockey	Net and wall Tennis	Striking and fielding Cricket	Outdoor Ed	Athletics
	Cross Country		Parents v kids Football		Tug of war Parents v kids Tag Rugby				Race for life Parents v kids Cricket		Camp out Sports day Camo day	
KPIs	Use running, jumping, throwing and catching in isolation and in combination Take part in outdoor and adventurous activity challenges both individually and within a team	Use running, jumping, throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending Take part in outdoor and adventurous activity challenges both individually and within a team	Develop flexibility, strength, technique, control and balance Compare their performances with previous ones and demonstrate improvement to achieve their personal best	Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending Take part in outdoor and adventurous activity challenges both individually and within a team	Develop flexibility, strength, technique, control and balance Compare their performances with previous ones and demonstrate improvement to achieve their personal best	Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending Take part in outdoor and adventurous activity challenges both individually and within a team	Develop flexibility, strength, technique, control and balance Perform dances using a range of movement patterns Compare their performances with previous ones and demonstrate improvement to achieve their personal best	Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending Take part in outdoor and adventurous activity challenges both individually and within a team	Use running, jumping, throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending take part in outdoor and adventurous activity challenges both individually and within a team	Use running, jumping, throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending take part in outdoor and adventurous activity challenges both individually and within a team	Use running, jumping, throwing and catching in isolation and in combination Develop flexibility, strength, technique, control and balance